

Seattle Sounders FC Trivia: Questions, Answers, and Facts Printable Trivia Pack

Seattle Sounders FC trivia explores the history, achievements, and identity of one of Major League Soccer's most prominent clubs. Based in Seattle, the Sounders compete in MLS as part of the Western Conference and have become known for strong support and a sustained presence in the league. Expect a mix of approachable, family-friendly questions alongside deeper cuts for dedicated soccer fans.

HARD SEATTLE SOUNDERS FC TRIVIA

1. On what exact date did Seattle Sounders FC play its first MLS match?

Answer: March 19, 2009

2. Fredy Montero's first MLS goal for Seattle in the club's opener came in which minute?

Answer: 12th minute

3. How many points did Seattle finish with in the 2009 MLS regular season?

Answer: 47 points

4. Which club knocked Seattle out in its first-ever MLS playoff series in 2009?

Answer: Houston Dynamo

5. In the 2014 U.S. Open Cup final, Seattle defeated which opponent?

Answer: Philadelphia Union

6. Seattle didn't wrap up the 2014 U.S. Open Cup final in regulation. What was required to beat Philadelphia?

Answer: Extra time

7. To capture the 2016 Western Conference Championship, Seattle defeated which team on aggregate?

Answer: Colorado Rapids

8. Who buried the winning penalty for Seattle in MLS Cup 2016?

Answer: Roman Torres

9. Name one of Seattle's scorers in the club's 3-1 MLS Cup 2019 victory: which winger found the net?

Answer: Víctor Rodríguez

10. Which Sounder scored in the 2019 MLS Cup win and was not one of the club's headline forwards, but the Dutch right back?

Answer: Kelvin Leerdam

11. Seattle's first leg of the 2022 CONCACAF Champions League final in Mexico City finished with what scoreline?

Answer: 2-2

12. Who was Seattle's opponent in the 2022 CONCACAF Champions League final, the side also known as Pumas UNAM?

Answer: UNAM

13. In Seattle's 3-0 second-leg win over UNAM in 2022, which center back got on the scoresheet?

Answer: Xavier Arreaga

14. How many goals did Raúl Ruidíaz score in Seattle's 3-0 second-leg win over UNAM in 2022?

Answer: Two goals

FUNNY SEATTLE SOUNDERS FC TRIVIA

1. Before Seattle supporters do the March to the Match, where do they gather to get the party boots warmed up?

Answer: Pioneer Square

2. What is the name of Seattle's brass-and-percussion supporters band that provides the soundtrack for the chaos?

Answer: Sound Wave

3. When fans use the casual shortcut instead of the full club name, what do they usually call Seattle Sounders FC?

Answer: the Sounders

4. Which Seattle landmark appears on the Sounders badge, just in case you forgot what city you're in?

Answer: Space Needle

5. Despite the club name sounding musical, the word 'Sounders' actually links Seattle to what?

Answer: water

6. Which former Seattle star made backflip celebrations part of his highlight reel and probably several chiropractors nervous?

Answer: Obafemi Martins

7. During a 2015 U.S. Open Cup match, Clint Dempsey famously tore up what object while he was a Sounder?

Answer: a referee's notebook

8. Seattle's 2019 MLS Cup parade rolled through which part of the city?

Answer: downtown Seattle

9. The current club name wasn't invented out of thin air; it carries over from what?

Answer: earlier Sounders teams

10. How was 'Sounders' chosen as the MLS club's name: executive decree or something more democratic?

Answer: It won a fan vote.

11. Seattle's first home MLS crowd was not exactly intimate. It topped what figure?

Answer: 32,000-plus

12. Seattle has regularly opened sections of what kind of stadium for soccer crowds?

Answer: an NFL stadium

13. At home matches, Seattle supporters often celebrate with what cloud in the air?

Answer: green smoke

FUN SEATTLE SOUNDERS FC TRIVIA

1. In the ultimate smash-and-grab title trick, what did Seattle fail to record during regulation and extra time of the 2016 MLS Cup final?

Answer: They recorded no shots on target.

2. Seattle lifted MLS Cup in 2016 after a penalty shootout against which club?

Answer: Toronto FC

3. When Seattle beat Toronto FC in MLS Cup 2019, what was the final score?

Answer: 3-1

4. How many fans were in attendance for MLS Cup 2019 in Seattle?

Answer: 69,274

5. Seattle's 2022 CONCACAF Champions League final win over UNAM ended with what aggregate score?

Answer: 5-2 on aggregate

6. What was the score in the second leg when Seattle finished off its 2022 CONCACAF Champions League final victory?

Answer: 3-0

7. Winning the 2022 CONCACAF Champions League sent Seattle to which global tournament?

Answer: The FIFA Club World Cup

8. Who was Seattle's opponent in the club's 2022 FIFA Club World Cup match?

Answer: Al Ahly

9. Seattle's first FIFA Club World Cup game ended with what scoreline?

Answer: A 1-0 loss

10. In Seattle's inaugural MLS regular season, how many goals did Fredy Montero score?

Answer: 12 goals

11. Who was Seattle's starting goalkeeper in its first MLS season?

Answer: Kasey Keller

12. Who wore the captain's role for Seattle in the club's inaugural MLS season?

Answer: Osvaldo Alonso

13. Which future Sounder was part of Seattle's 2009 expansion draft haul?

Answer: Brad Evans

SEATTLE SOUNDERS FC FAMILY TRIVIA

1. Who scored Seattle Sounders FC's first MLS goal?

Answer: Fredy Montero

2. In Seattle's first MLS match, which team did they defeat 3-0?

Answer: New York Red Bulls

3. What was the name of the stadium where the Sounders played their first MLS match?

Answer: Qwest Field

4. True or false: Seattle reached the MLS Cup final in its inaugural 2009 season.?

Answer: False

5. What is the name of Seattle Sounders FC's main supporters group?

Answer: Emerald City Supporters

6. Before kickoff, fans join a parade with what name?

Answer: March to the Match

7. Which club is Seattle's regional rival?

Answer: Portland Timbers

8. Seattle also has a major rivalry with which Canadian club?

Answer: Vancouver Whitecaps FC

9. What trophy do Seattle, Portland, and Vancouver compete for together?

Answer: Cascadia Cup

10. Before joining Seattle's first team, Jordan Morris played college soccer at which school?

Answer: Stanford

11. Which Seattle academy product later became a first-team player and is known for his speed at the back?

Answer: DeAndre Yedlin

12. Which hometown favorite came through Seattle's academy and also played for the Sounders first team?

Answer: Jordan Morris

EASY SEATTLE SOUNDERS FC TRIVIA

1. In what year was Seattle Sounders FC founded?

Answer: 2007

2. What year did the Sounders begin playing in Major League Soccer?

Answer: 2009

3. Seattle Sounders FC is based in which city and state?

Answer: Seattle, Washington

4. Where do the Sounders play their home matches?

Answer: Lumen Field

5. Seattle Sounders FC competes in which league?

Answer: Major League Soccer

6. The Sounders are in which MLS conference?

Answer: Western Conference

7. What year did Seattle win its first MLS Cup?

Answer: 2016

8. Seattle won another MLS Cup in what year?

Answer: 2019

9. In what year did the Sounders win the CONCACAF Champions League?

Answer: 2022

10. Which year did Seattle win the U.S. Open Cup listed here first?

Answer: 2010

11. Seattle also won the U.S. Open Cup in what year right after 2010?

Answer: 2011

12. Who has served as Seattle's head coach?

Answer: Brian Schmetzer

13. Who was Seattle's first MLS head coach?

Answer: Sigi Schmid

Source: <https://triviagong.com/trivia/seattle-sounders-fc-trivia>